

# Policy Plan 2025–2027

## Stichting Mother's House – Policy Summary

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### Mission

Stichting Mother's House (Mother's House Foundation) was founded with the purpose of making **healing, awareness, and personal transformation accessible to everyone**, regardless of their background or financial situation. The foundation focuses on individuals dealing with:

- Trauma
- Addiction and recovery
- Depression, burn-out, and suicidality
- PTSD
- Eating disorders and body-related trauma
- Grief, existential crises, and end-of-life reflection

We believe that transformation begins with safety, connection, and love — and we strive to provide or support initiatives that create such spaces.

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### Objectives

The foundation aims to:

1. **Support initiatives** that promote emotional, psychological, and spiritual healing
  2. **Provide financial aid** for individuals with limited resources through a solidarity fund
  3. **Support education and training** for spaceholders, therapists, and ceremonial facilitators
  4. **Bridge traditional and modern healing practices**, including holistic, indigenous, and transpersonal approaches
  5. **Support people in their final life phase**, offering comfort, reflection, and soul-centered guidance
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### Activities

In order to achieve its goals, Stichting Mother's House:

- Collaborates with therapists, facilitators, and healing professionals
- Co-funds retreats, ceremonies, educational programs, and integrative services
- Creates community spaces that nurture healing, belonging, and remembrance
- Invests in communication, promotion, and transparency regarding its work

- Hosts solidarity initiatives to ensure access regardless of financial means

*The foundation does not organize retreats itself, but facilitates and supports partners who share its mission.*

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## **Financial Management**

- All income (donations, gifts, sponsorships) is spent in accordance with the foundation's mission.
  - The board works on a voluntary basis and receives no remuneration.
  - A clear and transparent financial overview is published annually.
  - Excess funds will be saved in a general reserve, which is used to ensure long-term continuity and response to urgent needs.
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## **Governance**

The board consists of:

- **Tamara Slock** – Chair
- **Thom Winterink** – Secretary
- **Emma Dean** – Treasurer

The board is collectively authorized. No board member has a private interest in the assets of the foundation.

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## **Evaluation**

The foundation monitors its impact and progress via:

- Ongoing conversations with beneficiaries and partners
  - Annual activity and financial reports
  - Board reviews and external advice where necessary
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## **Compliance**

This policy plan aligns with the requirements for Dutch ANBI recognition and is published on our website for full transparency. A formal ANBI application will be submitted in 2025.

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